

# PUBLIC PRESENTATION OF THE LOCAL AND REGIONAL TIME AGENDA

## Life balance: Work, care, rest and personal time

ONLINE

09/06/2022

14.30-16.30 CET

The Local and Regional Time Agenda is a pioneering compilation of time policies implemented in a post-COVID era by local, metropolitan and regional authorities from distinct corners of the world.

This agenda aims to become a guide for those institutions interested in time policies as a tool to transform the society of the 21st century by making it healthier, more egalitarian, more efficient and more sustainable for all. It provides an updated compilation of time policies grouped by different topics as well as practical recommendations on how to implement them.

In particular, this publication tackles a time-related topic of global relevance: "Life balance: work, care, rest and personal time". Historical and current data point to deep disparities among people all over the world, especially between men and women. In the 21st century, citizens, their institutions, private companies and social agents need to define and find a better life balance.

This Agenda is coordinated by the Local and Regional Governments Time Network, the international network to exchange and promote implementable time policies generated at the local and regional level.

### PROGRAMME

#### Welcome

**Laura Pérez**

*Councillor of Social Rights, Global Justice, and Feminism  
(Barcelona City Council)*

#### Introduction and presentation of the Agenda

**Marta Junqué**

*Co-coordinator of the Barcelona Time Use Initiative,  
acting as the Secretariat for the Local and Regional Government Time Network.*

#### Context Introduction

**Maria Luz Vega Ruiz**

*Senior Adviser Research Department,  
International Labour Organization (ILO)*

**Sanna Nivakoski**

*Research Officer at Eurofound*

### Good practices in lifetime balance

#### FIRST PART

#### Public Policies aimed at improving Life balance towards citizens

**Bogotá Care System, Bogotá**

**Diana María Parra Romero**

*Undersecretary of Care and Equality Policies,  
Secretary of Women's Affairs of Bogotá.*

**Time for Care, Catalonia**

**Núria Vergés**

*General Director of the  
Care, Time Organization and Employment  
Equity of the Catalan Government*

**Barcelona Business Network for  
New Working-Time Arrangements  
(NUST Business Network), Barcelona**

**Emilia Pallàs Zenke**

*Executive Director of the Municipal  
Socio-economic Development Area  
of the Barcelona City Council.*

**Fostering co-responsible  
reconciliation through public  
procurement, Strasbourg**

**Marina Lafay**

*Councillor at Time Office and Innovative Service  
of the Strasbourg City Council.*

#### SECOND PART

#### Public Policies aimed at improving Life Balance for public employees

**Smart working and flexibility in the  
municipal administration, Bolzano**

**Sylvia Profanter**

*Head of the Statistics and Time of the  
City Office of the Bolzano City Council.*

**The Near-working Project, Milan**

**Francesca Zajczyk**

*University Professor, representing Deputy Mayor  
for Mobility of the Comune di Milano*

**Caterina Laurenzi**

*Policy Advisor, Economic development and labour  
policies Department of the Comune di Milano*

#### Recommendations on facilitating the transferability of practices

**Facilitation of the Debate among the speakers & Questions and Answers**

**Karin Jurczyk**

*Vice-president of German Society  
of Time Policy*

#### Closure and next steps

**Tempo Territoriale**

**Katja Kuger**

*Board member of the Local and Regional Government Time Network.*

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